

(V) VEGETARIAN (G) GLUTEN FREE

OTHER GLUTEN FREE & DAIRY FREE OPTIONS AVAILABLE - ASK YOUR SERVER FOR DETAILS

While you decide

- MARINATED OLIVES** £7.00
Pitted mixed olives with garlic, olive oil and scotch bonnets, served with local baked sourdough.
- ROTIS & DIPS** £6.00
Warm flatbread with a trio of tamarind, aioli and roast pepper dips.

Starters

- STAMP'N'GO** £6.00
Delicious fried saltfish fritters served with red onion, scallion, scotch bonnet, thyme and lemon.
- SOUP OF THE DAY** £6.00
Ask your server for details. Served with hardo bread.
- SWEET CHILLI KING PRAWNS** £8.00
Grilled whole shell on king prawns with garlic and sweet chilli sauce.
- RED MULLET SALAD** £8.00
Fried fillets, coated in seasoned flour on a bed of crisp salad.
- JERK CHICKEN WINGS (g)**
Hot, meaty and juicy chicken wings in our sweet and spicy sauce with a cooling cucumber, mint and basil mayo...
x 3 = £5.50 x 5 = £8.00 x 9 = £13.00
- CHARGRILLED AUBERGINE (v)(g)** £7.00
Grilled slices of aubergines with chipotle and mixed beans.
- SHARING PLATTER** £17.00
Can't make up unno mind? Pick three of the above and share di love (Jerk chicken wings will be a portion of 3).

Extras

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|----------------------------------|-------|-----------------------------|-------|
| Fried festival (sweet dumplings) | £2.50 | Chilli fried okra (g)(ve) | £3.50 |
| Grilled corn on the cob (g) | £3.00 | Rice'n'peas (g)(ve) | £2.50 |
| Plantain | £2.50 | Mac'n'cheese | £4.50 |
| Chilli spinach (g)(ve) | £3.50 | White basmati rice (g)(ve) | £2.50 |
| Sweet potato wedges | £3.00 | Boiled green banana (g)(ve) | £2.50 |
| Croftslaw (g) | £1.50 | Steamed vegetables (g)(ve) | £2.50 |
| Sweet potato fries | £3.00 | Callaloo (g)(ve) | £3.50 |
| Chips | £3.00 | Jerk Chicken leg (g) | £5.50 |

30 STOKES CROFT

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[f](#) Caribbean croft [i](#) caribbeancroft

Vegetarian & Vegan

- PUMPKIN & YAM STEW (g)** £13.00
Slow cooked hard food with beans, okra, chipotle and tomato. Served with rice and peas.
- ACKEE & MUSHROOM** £14.00
Delicious soft ackee cooked with onions, mushrooms, pepper and chilli. Served with steamed vegetables, white rice, green banana, seasoned callaloo and fried plantain.
- MARINATED AUBERGINE (g)** £13.00
Olive oil, black pepper, rosemary and garlic-infused aubergines with a chilli okra, bean and tomato sauce. Served with rice'n'peas.
- CURRIED CAULIFLOWER & CHOW CHOW** £14.00
Curried coconut cauliflower and chow chow, served with sweet potato wedges and steamed veg.

Chicken

- JERK CHICKEN FILLET (g)** £16.00
Marinated chargrilled moist jerk chicken breast fillets. Served with Croftslaw, salad and rice'n'peas.
- CROFT FRIED CHICKEN** £13.00
Our own fried chicken topped with a sweet onion pepper and carrot gravy. Served with Croftslaw, salad and rice'n'peas.
- JERK CHICKEN LEG (g)** £11.00
Slow cooked jerk chicken leg served with our homemade gravy, fried plantain, steamed veg and rice'n'peas.
- Add an extra piece of chicken £5.50
- BROWN STEW CHICKEN** £14.00
Browned and stewed skinless soft and tender chicken thighs in a rich gravy, served with steamed vegetables and rice'n'peas.

SOME OF OUR DISHES HAVE A SPICY KICK. PLEASE ASK YOUR SERVER FOR ADVICE

Meats

- CURRIED GOAT (g)** £16.00
Delicious curried goat with scallion, onions and carrots, served with white rice or rice'n'peas and steamed veg.
- PEPPERED APPLETON COCONUT STEAK** £17.00
Marinated, seared then slow cooked steak with onions and peppers in a coconut and rum gravy, served with steamed vegetables and sweet potato wedges.
- OXTAIL (g)** £18.00
Slow cooked braised oxtail cooked with butter beans. Served with white rice or rice'n'peas and steamed veg.
- SLOW ROASTED JERK BELLY OF PORK** £16.00
Spicy jerk seasoned belly of pork. Served with Croftslaw, salad and rice'n'peas.
- SIRLOIN STEAK** £21.00
10oz sirloin steak seasoned and cooked to your liking. Served with Croftslaw, salad and sweet potato fries.
- CROFT COMBO** £23.00
A mix of some of our best selling dishes jerk chicken fillet, curry goat and jerk belly of pork served with rice'n'peas salad and croftslaw.

Fish

- ACKEE & SALTFISH** £16.00
Jamaica's national dish served with steamed vegetables, white rice, green banana, seasoned callaloo and fried plantain.
- RED FISH** £17.00
Fried sliced bone in seasoned red fish topped with pickled vegetables. Served with rice'n'peas and fried festival.
- SEABASS** £18.00
Pan-fried fillets on a bed of fried okra, green banana, chilli spinach and callaloo.
- JERK SALMON (g)** £18.00
Seared and baked jerk salmon steak. Served with Croftslaw, salad and rice'n'peas.
- HOT CURRIED PEPPERED PRAWNS (g)** £18.00
Fried peeled prawns with spring onions, fresh tomato, lemon, garlic, ginger and black pepper. Served with white rice and callaloo.

IF YOU HAVE ANY allergies PLEASE TELL YOUR SERVER

All our ingredients are locally sourced wherever possible

Croft kids

All served with either rice'n'peas, white rice or chips.
Menu available for ages 14 and under

ALL £7.50

CROFT FRIED CHICKEN

Our own fried chicken topped with a sweet onion pepper and carrot gravy. Served with Croftslaw and salad.

BROWN STEW CHICKEN

Browned and stewed skinless soft and tender chicken thighs in a rich gravy served with steamed veg.

PUMPKIN & YAM STEW

Slow cooked hard food with beans, okra, chipotle and tomato.

SEABASS FILLET

Pan fried seabass fillets on a bed of steamed veg.

SLOW ROASTED JERK BELLY OF PORK

Spicy jerk seasoned belly of pork. Served with Croftslaw and salad.

CURRIED GOAT (g)

Delicious curried goat served with steamed veg.

Smoothies

All made with apple juice and fresh fruit - £6.00

FRUITY FLAMINGO Strawberry, Raspberry and Banana	£6.00
YELLOW BIRD Mango, banana, coconut and vanilla	£6.00
CUTTERS Grapefruit, pineapple and passion fruit	£6.00
OCEAN BLUE Blueberry, lemon and banana	£6.00

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Caribbean croft caribbeancroft

Desserts

CHEESCAKE Served with a berry compote.	£7.00
YARD CAKE Traditional Rum & Fruit cake topped with Appleton Rum toffee Sauce and served with Cream.	£7.00
BANANA & CINNAMON SLICE (ve) Topped with chopped walnuts, caramel sauce and whipped cream.	£7.00
STICKY TOFFEE PUDDING Served with custard.	£7.00
ICE CREAM Locally sourced Marshfield Farm ice cream Choose 3 scoops of either: Coconut / Salted Caramel / Vanilla Blackcurrant in Clotted Cream	£5.50

Cocktails

MT = Mocktail (alcohol free) version available at £5.80

CARIBBEAN CROFT Our Signature Cocktail (MT) Wray & Nephew white rum, Appleton's rum, Appleton white rum, vodka, grapefruit, orange, cranberry, fresh lime and grenadine.	£10.00
KOKO COLADA (MT) Appleton's rum, Koko Kanu, Coconut, pineapple juice.	£9.50
PASSION FRUIT ICED TEA (MT) Sky Vodka, El Espolon tequila, Bulldog gin, Appleton's rum, Grand Marnier, passion fruit and lemonade.	£9.50
WRAY'N'TING Shot of Overproof Wray on the rocks with fresh lime served with Ting.	£7.50
GUINNESS PUNCH Guinness, Wray & Nephew rum, condensed milk, vanilla, nutmeg, cinnamon.	£8.00
JAMAICAN MULE Appleton's rum, bitters, fresh lime and ginger beer.	£7.50
MAI TAI Appleton white rum, Appleton's rum, Grand Marnier, bitters, Orgeat, Pineapple juice and fresh lime.	£9.00
MOJITO (MT) Appleton white rum, fresh mint, lime and club soda. (Passion fruit or raspberry versions also available.)	£9.00
DAIQ-IRIE Classic Daiquiri with Appleton White Rum & Lime. (Passion fruit or raspberry versions also available.)	£9.00
RASPBERRY PASSION (MT) Appleton white rum, Passoa, lime, raspberry and Club Soda.	£8.50
ESPRESSO RUMTINI Rum based twist on the classic Espresso Martini. Appleton Special Rum, Kahlua, Espresso Coffee Shot, Nutmeg.	£9.00
PORN STAR RUMTINI Appleton Special, Koko Kanu, Passoa, Passionfruit Puree, Pineapple Juice with a shot of Prosecco.	£9.00
MAGGIE'S DOG Magnum, Wray & Nephew, Bulldog Gin, Orange Juice, Lemon Juice.	£9.00
WRAY SQUEEZE Wray & Nephew rum, Pineapple juice, cloudy Lemonade, Fresh Lime.	£8.50

All our ingredients are locally sourced wherever possible



OUR RECIPES ARE
unique!

They're all family recipes passed down to our chef from granny, Ms Cat, so you won't taste these mouth-watering dishes anywhere else on the planet*

*Unless she invites you round for dinner!

it's a
RUM
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WE HAVE AN EXTENSIVE
SELECTION OF EXCELLENT
RUMS AND MORE...

ASK TO SEE
OUR DRINKS LIST.